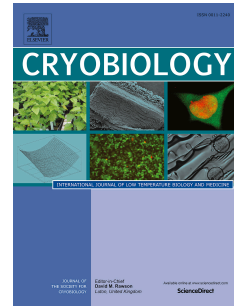


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1 **Cold tolerance and supercooling points of two ladybird beetles (Col.: Coccinellidae):**
2 **impact of the diet**

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17 **ABSTRACT**

18 Ladybird beetles have successfully been used to control different pests. *Cheilomenes*
19 *sexmaculata* (Fabricius) and *Oenopia conglobata contaminata* (Menetries) (Coleoptera:
20 Coccinellidae) are two dominant and efficient predators of the common pistachio psylla,
21 *Agonoscena pistaciae* (Hem.: Psyllidae) in Iran. In the current study, the impact of two diets, i.e.,
22 nymphs of *A. pistaciae* and eggs of *Ephestia kuehniella* Zeller (Lep.: Pyralidae), were
23 investigated on the cold hardiness, supercooling point (SCP), and lethal temperature of different
24 life stages of the coccinellids. The results suggested that the eggs of *E. kuehniella* are a suitable
25 diet for both predators. In general, beetles of *O. conglobata contaminata* were more cold tolerant
26 than those of *C. sexmaculata*. The SCP of the adults of *C. sexmaculata*, feeding on psyllid was
27 about -15 °C, whereas the SCP of the beetles, feeding on the eggs of flour moth, was about -19
28 °C. However, the diets had no significant effects on the SCP of *O. conglobata contaminata*. For
29 both ladybird beetles, eggs were the most sensitive stage, and adulthood was the most tolerant
30 developmental stage. No eggs survived at zero and subzero temperatures. The survival of *C.*
31 *sexmaculata* increased from 6.25% for adults fed on psyllids to 13.75% for those fed on flour
32 moth eggs after 24 h exposure to cold at -4 °C. The survival of *O. conglobata contaminata* adults
33 after exposure to cold at -4 °C for 24 h raised from 28.75% for adults fed on psyllids to 42.50%
34 for those fed on flour moth eggs. Regardless of the diet, both beetles were considered to be chill-
35 intolerant insects as the most mortality occurred above the SCP.

36 **Keywords:** Coccinellids, Supercooling point, Cold hardiness, Lethal temperature, Factitious food.

37 1. Introduction

38 The ladybird beetle, *Cheilomenes sexmaculata* (Fabricius) (Coleoptera: Coccinellidae), is one
39 of the most important aphidophagous predators of the common pistachio psylla, *Agonoscena*
40 *pistaciae* (Hem.: Psyllidae) in the pistachio-growing regions of Iran. This coccinellid has also
41 been reported to be an efficient natural enemy of aphids coming from other Asian countries
42 [11,35]. The coccinellid beetle, *Oenopia conglobata contaminata* Menetries (Col.:
43 Coccinellidae) is another dominant and efficient predator of *A. pistaciae* in Iran [18]. Different
44 developmental stages of both of these predators, feed on different insect species, especially
45 aphids, scales, and psyllids [8]. Therefore, coccinellids have been considered as efficient
46 biological control agents in integrated pest management (IPM) programs in several
47 agroecosystems, including fields, gardens, and greenhouses [9]. *C. sexmaculata* is a potential
48 biocontrol agent of aphids and psyllids in forests and field crops in various parts of the world,
49 especially in East Asia. *O. conglobata contaminata* is another polyphagous coccinellid that has
50 been recorded to mainly prey on psyllids and aphids. Both predatory beetles are associated with
51 the common pistachio psylla, *Agonoscena pistaciae*, the major pistachio pest in Iran. Besides, as
52 *C. sexmaculata* and *O. conglobata contaminata* reared for consecutive generations in our
53 laboratory, therefore, eggs of *E. kuehniella* could support the reproduction and development of
54 these natural enemies. Subsequently, eggs of *E. kuehniella* were considered as a suitable diet for
55 mass-rearing of the coccinellid predators.

56 Winter may be cold enough for pistachio trees to complete their dormancy. Different cultivars
57 of pistachio trees (*Pistacia vera* L.) need about 750 to 1400 accumulated hours of temperatures
58 below or at 7°C to break their dormancy. In addition, the regular development of this plant is
59 substantially enhanced in cold months of winter [25]. Moreover, in temperate and cold regions,

60 survival against harsh winter conditions is crucial for the reproduction, abundance and
61 distribution of insects. Cold hardiness or cold tolerance is an insect's ability to prevent cold
62 injuries during unfavorable winter conditions. Cold hardiness in insects can be achieved by
63 maintaining a supercooled condition colligatively, i.e., synthesis and accumulation of
64 cryoprotectants [1,7,13,29,32], or non-colligatively, i.e., enhancement of the supercooling point
65 (SCP) without any further changes in cryoprotectant concentrations. In the latter group, the
66 changes in SCP values do not follow a particular seasonal trend, and the limit of cold tolerance is
67 regulated by the SCP [20,23]. When the ambient temperature is lower than the freezing point of
68 insects, supercooling is said to occur, where the body fluids still remain unfrozen in a liquid
69 state. This phenomenon is usually adopted to evaluate cold tolerance strategies [15,30].
70 Measuring SCP is a prerequisite for determining the given strategies [20,27]. Based on these
71 strategies, Sinclair et al. [27] divided insects into three major categories: 1- freeze-intolerant
72 (insects whose mortality mostly occurs at SCP); 2- freeze-tolerant (insects whose mortality
73 mostly occurs below SCP), and 3- chill-intolerant (insects whose mortality mostly occurs above
74 SCP).

75 The lethal temperature has been defined as the point at which x% of individuals die after a
76 specific period of exposure. Therefore, LT_{50} is a temperature where 50% of a population dies
77 after a specific exposure time. The lower lethal temperature (LLT) is the point where the
78 identified percentage of individuals of a population is killed after a certain exposure time [27].
79 However, this temperature normally correlates with acclimation. Thus, both upper and lower
80 lethal temperatures may decrease under low-temperature acclimation [33].

81 In natural conditions, predators and parasitoids solely rely on their prey as a source of energy
82 for reproduction and development, but the availability of suitable non-prey food can impact their

83 efficiency as biological control agents of pests. Therefore, in mass rearing of these biological
84 control agents, the availability of suitable non-prey food, as a part of their diet, must be
85 considered [34]. Beside, several biotic or abiotic factors can hamper or limit the action of these
86 powerful control agents. Some understanding of these factors is fundamental to design biological
87 control strategies. In this regard, in the current study, cold hardiness and SCPs of two ladybird
88 beetle species, i.e. *C. sexmaculata* and *O. conglobata contaminata*, were compared at different
89 developmental stages using two diets: a natural diet (nymphs and adults of *A. pistaciae*) and a
90 factitious diet (eggs of *E. kuehniella*). Results of this study can help to predict the development
91 of the coccinellids in the field and offer valuable basic information for the use of these native
92 predators in mass release biological control programs.

93 **2. Materials and methods**

94 *2.1. Laboratory culture and rearing conditions*

95 The laboratory colonies of *C. sexmaculata* and *O. conglobata contaminata* were established
96 in 2015 with individuals previously collected from pistachio gardens near Rafsanjan, Iran. The
97 stock colonies were maintained on the common psylla, *A. pistaciae*, and eggs of the
98 Mediterranean flour moth, *E. kuehniella*. The insects were reared in a growth chamber at 26 ± 1
99 °C, in 65 ± 5 % RH, for a photoperiod of 16:8 (L:D) h. The predators used in the experiments
100 were in the third generation of laboratory rearing at our facilities. One-day old of each
101 developmental stage, without starvation prior to measurement of the SCPs and cold hardiness,
102 were used.

103 *2.2. Measurement of the supercooling point (SCP)*

104 The SCPs of both predators at different developmental stages were measured using a
105 thermocouple (testo, model 177-T4, German). The insect (n= 6) was fixed to the end of the

106 sensor (Nickel-Worm) of the thermocouple by a strip of adhesive tape and moved to a
107 programmable chamber device (GT-7005, Geotech, Taiwan). The temperature dropped from 25
108 °C to the desired temperature with a rate of 0.5 °C/min. The data were read using Comsoft 3
109 Software. Any decrease in the temperature was recorded. The temperature at which the latent
110 heat of freezing released was shown as an abrupt jump in the diagram and was considered to be
111 the SCP.

112 2.3. Cold tolerance assay and assessment of lethal temperatures ($LT_{30,50,99}$)

113 Different developmental stages of both predators were transferred (n=20) to a programmable
114 chamber. The temperature was lowered from 20 °C to the desired temperature with a rate of 0.5
115 °C/min. The eggs, larvae, pupae, and adults of the beetles were held at each temperature for 24 h,
116 and were then heated slowly (0.5 °C/min) to 25 °C. The survival of the eggs, larvae, pupae, and
117 adults of both predators were counted after 24 h. The lethal temperatures of different
118 developmental stages of *C. sexmaculata* and *O. conglobata contaminata*, including immature
119 and adult stages, were assessed after 24 h exposure to subzero temperatures. This was performed
120 in the same way as was done for the cold tolerance assessment.

121 2.4. Statistical analysis

122 The effects of the different diets on the SCPs of *C. sexmaculata* and *O. conglobata*
123 *contaminata* were evaluated in a factorial experiment based on the completely randomized
124 design with six replications. The first factor consisted of two kinds of diets (eggs of *E. kuehniella*
125 and feeding stages of *A. pistaciae*). The second factor included the predatory ladybirds (*C.*
126 *sexmaculata* and *O. conglobata contaminata*) and the third factor was the developmental stage of
127 the predators. Moreover, the effects of the diets on cold tolerance of the predators were evaluated
128 in factorial experiments based on the completely randomized design with four replications for

129 each predator, separately. In the experiment that was designed for *C. sexmaculatus* the first,
130 second and third factors were two kinds of diets (*E. kuehniella* and *A. pistaciae*), developmental
131 stages (egg, larva, pupa, and adult) and different temperatures (0, -1, -2, -3 and -4°C),
132 respectively. In another experiment that was designed for *O. conglobata contaminata* the first,
133 second and third factors were two kinds of diets, developmental stages and different
134 temperatures (0, -3, -5, and -7°C), respectively.

135 3. Results

136 3.1. Effects of the diets on the SCPs of *C. sexmaculata* and *O. conglobata contaminata*

137 Analysis of variance showed a significant interaction between the diets, predators and
138 developmental stages ($F=34.24$; $df= 5, 180$; $p<0.01$) for SCPs. Therefore, the results of the
139 means comparison using slicing interactions were presented in Figures 1-4.

140 The SCP of *C. sexmaculata* ranged from -14.5 to -19.3 °C when fed *A. pistaciae*. The highest
141 and the lowest SCPs were recorded in the fourth instar larvae and pupae, respectively ($F=14.20$;
142 $df=5,30$; $p<0.05$). The mean SCP of the larvae (feeding stage) was -16.6 °C. For the ladybird
143 beetle *O. conglobata contaminata*, the SCPs were a little bit lower than those of *C. sexmaculata*,
144 but the differences were not significant in most of the cases, following the same trend ($F=9.42$;
145 $df=5,30$; $p<0.05$). The mean SCP of the larvae (feeding stage) was -17.4 °C.

146 When the ladybird beetle *C. sexmaculata* was fed on the eggs of *E. kuehniella*, the SCPs of
147 the second instar larvae and pupae were at the lowest levels (ca. -21 °C), while the SCP of the
148 fourth instar larvae (ca. -14 °C) was at the highest level ($F=14.93$; $df=5,30$; $p<0.05$). The mean
149 SCP of the larvae (feeding stage) was -17.08 °C. For *O. conglobata contaminata* the SCPs were
150 significantly higher than those of *C. sexmaculata*. In this coccinellid, the lowest SCP (ca. -19 °C)
151 was recorded in pupae. The mean SCP of the feeding stage (all larval instars) was -17.4 °C.

152 The data indicate that the type of diet significantly influenced the SCP of *C. sexmaculata*.
153 When this coccinellid fed on *A. pistaciae*, the SCPs of the second instar larvae, pupae, and adults
154 were about -18, -19, and -15 °C, respectively. These supercooling temperatures significantly
155 decreased and reached about -21, -21, and -19 °C, respectively for the beetles feeding on the eggs
156 of *E. kuehniella*. For *O. conglobata contaminata*, the changes in the SCPs, under different food
157 regimes, were not significant. The effects of the diets on the SCPs of two ladybird species were
158 shown in Figures 1-4. For species feeding on *A. pistaciae*, the SCPs of the fourth instar larvae
159 and adult females of *O. conglobata contaminata* were significantly lower than those of *C.*
160 *sexmaculata*. When these coccinellids, were fed on the eggs of *E. kuehniella*, the SCPs of all
161 developmental stages of *O. conglobata contaminata* were significantly lower than those of *C.*
162 *sexmaculata*.

163 3.2. The effects of the diets on cold tolerance of *C. sexmaculata* and *O. conglobata contaminata*

164 The effects of two different diets (*A. pistaciae* and *E. kuehniella*), were evaluated on the cold
165 hardiness of different developmental stages of *C. sexmaculata*. Analysis of variance indicated a
166 significant interaction among the diets, temperatures and developmental stages ($F=34.19$; $df= 24$,
167 210 ; $p<0.01$) for survival of *C. sexmaculata*. The results of the means comparison using slicing
168 interactions were presented in Table 1. When female *C. sexmaculata* was fed on *A. pistaciae*, the
169 survival of their eggs was negligible even at 0C/24 h, and at temperatures below 0C/24 h no eggs
170 hatched. For other developmental stages, the cold hardiness significantly decreased as the
171 temperature lowered and reached the lowest level at -3 °C/24 h. However, among different
172 instars of the larvae, the cold tolerance of the fourth instar was substantially lower than that of
173 the others. In immature stages, the cold tolerance of the pupa was at the lowest level, but in
174 general, the adults of the beetle showed the highest cold tolerance (Table 1). When *C.*

175 *sexmaculata* was fed on the eggs of *E. kuehniella*, the cold tolerance of different developmental
176 stages other than the eggs significantly increased. However, the changes in the cold tolerance of
177 the beetle generally followed the same trend when *A. pistaciae* was used as food (Table 1). Also,
178 the effects of two different diets, consisting of *A. pistaciae* and *E. kuehniella*, were studied on the
179 cold hardiness of different developmental stages of *O. conglobata contaminata*. Analysis of
180 variance showed a significant interaction between the diets, temperatures and developmental
181 stages ($F=7.03$; $df= 18, 168$; $p<0.01$) for survival of *O. conglobata contaminata*. The results of
182 the means comparison using slicing interactions were presented in Table 2. When *A. pistaciae*
183 was provided as food for this beetle, the egg and adult stages of development were found to be
184 the most sensitive and cold-tolerant ones, respectively. No egg hatch was observed even after 24
185 hours of exposure to 0 °C, but the survival of other stages was at the highest levels. Nonetheless,
186 the survival of the larvae, pupa, and adults decreased by decreasing the exposure temperature and
187 reached the lowest levels at -7 °C/24 h (Table 2). When *O. conglobata contaminata* was fed on
188 *E. kuehniella* eggs, the changes in the cold hardiness followed the same trend as those in the
189 beetles feeding on psyllids, but the cold hardiness significantly enhanced (Table 2). For example,
190 at -7 °C/24 h, the cold hardiness of the adult beetles feeding on psyllids was 28.8%, while it
191 reached 42.5% in the beetles feeding on the flour moth eggs.

192 3.3. Effects of food on lower lethal temperatures of the ladybird beetles

193 The data in Figures 5 and 6 indicate that, for the beetles of *C. sexmaculata* feeding on
194 psyllids, the LTs of the non-feeding stage (pupae) were higher than those of the feeding stages
195 (larvae and adults). The lower lethal temperature (LLT_{99-24h}) of the pupae, i.e. the temperature at
196 which 99% of the insects die after 24 hours of exposure, was -1.6 °C, whereas this temperature
197 was found to be -3.5 and -4.7°C for the larvae and adult, respectively. For the beetles of *C.*

198 *sexmaculata* feeding on moth eggs, the LLT_{99-24h} of the first instar larva was similar to that of the
199 beetles fed on the psyllids, while for other developmental stages, the LLT_{99-24h} decreased and
200 reached the lowest level of -6.1°C in the feeding stages. The LLTs of different developmental
201 stages of *O. conglobata contaminata* in both diets were lower than those of *C. sexmaculata*. For
202 both beetles of this species, regardless of psyllids or flour moth eggs as a diet, the lowest
203 LLTs_{99-24h} were recorded for the adults, i.e. -1.2 and -13.8 °C, respectively.

204 4. Discussion

205 The results of the current study indicated the following findings. Regardless of the diet, the
206 eggs of *C. sexmaculata* and *O. conglobata contaminata* were found to be the most sensitive
207 developmental stage to cold. No eggs hatched when the eggs were exposed to zero and subzero
208 temperatures for 24 h. In the feeding stages (larvae) of *C. sexmaculata* feeding on psyllids, the
209 cold tolerance of the fourth instar larvae was significantly lower than that of the first, second, and
210 third instar larvae, whereas, for the larvae of the *C. sexmaculata* feeding on flour moth eggs, the
211 cold tolerance increased as larvae grew up to reach the highest level in the fourth instar larvae.
212 When the larvae were fed on eggs of the Mediterranean flour moth, the survival of the fourth
213 instar larvae increased up to 4.8 times. For the different larval instars of *O. conglobata*
214 *contaminata*, the cold hardiness was similar, but the cold tolerance of the larvae feeding on flour
215 moth eggs was significantly higher than that of the larvae feeding on psyllids. The larval survival
216 of *O. conglobata contaminata* feeding on *A. pistaciae* at -5 °C/24 h, was lower than that of
217 conspecifics feeding on eggs of *E. kuehniella* (15% on *A. pistaciae* vs. 40% on flour moth eggs).
218 In the non-feeding stage (pupa) of *C. sexmaculata* fed on psyllids, the cold tolerance was at the
219 lowest level, but in *C. sexmaculata* feeding on eggs, the cold tolerance increased up to 4.5 times.
220 When the larvae of *O. conglobata contaminata* were fed on the eggs of flour moth, the cold

221 tolerance of the pupa, at $-7^{\circ}\text{C}/24\text{ h}$, was 11 times higher than that of the pupa of the larvae fed on
222 psyllids. In *C. sexmaculata*, the cold tolerance in the adulthood stage was significantly higher
223 than that in other developmental stages in both diets. In addition, the cold tolerance of the adults
224 was affected by the diets and increased 1.14 times when the beetles were fed on the eggs of the
225 flour moth.

226 In *O. conglobata contaminata* at $0^{\circ}\text{C}/24\text{ h}$, no significant differences were detected between
227 the adult, the larval and the pupal stages, but with a decrease in the temperature, the cold
228 tolerance in the adult stage decreased less than that of the pupa and larvae. Sex had no effect on
229 the SCPs of *C. sexmaculata* and *O. conglobata contaminata* adults. This finding was in line with
230 those found by Koch et al. [14] regarding *H. axyridis*. However, the findings of the current study
231 did not support the previous research done by Hefty et al. [6] who found that, in *Pityophthorus*
232 *juglandis* (Col.: Scolytidae), the SCP of the male was lower than that of the female. It is worth
233 mentioning that, in these coccinellids, similar to most other insects [14, 20], the SCP was
234 affected by the developmental stage of the beetles.

235 A limiting factor in the augmentation programs is relatively unaffordable mass-rearing
236 operations of natural enemies. In these operations, maintenance necessity of three trophic levels
237 (i.e., biological control agent, its host, and host's food plant) may raise the rearing costs.
238 Factitious diets are unnatural foods that facilitate mass-production of insect's natural enemies by
239 reducing these expenditures. Hence, determination of the value of natural and factitious diets is a
240 prerequisite for mass-rearing of natural enemies and also, planning a biological control program
241 [2, 4, 10]. Nevertheless, the result of this study highlighted the substantial effects of diet on the
242 cold tolerance and the survival of the coccinellids. Given the cold tolerance of the ladybird
243 beetles, the eggs of the Mediterranean flour moth were found to be the most efficient and

244 suitable diet in comparison with the common pistachio psylla. This finding strongly suggests that
245 the nutrition requirements of the ladybird beetles are different, and the two diets had different
246 nutritional values. Several studies have documented the impacts of diets on biological parameters
247 of different insects. Soares et al. [28] studied the influences of two aphid species on the fitness of
248 *H. axyridis* adults and demonstrated the effects of the differences in the suitability of the prey on
249 the growth and development of the predator. Omkar and James [24] demonstrated the influences
250 of six aphid species on some biological parameters of *Coccinella transversalis* Fabricius (Col.,
251 Coccinellidae) and found that the prey significantly affected the required time for the
252 development of immature species, wet weight, and adult longevity. Significant effects of five
253 different diets on the developmental time of the predatory pentatomids, *Picromerus bidens* L.,
254 and *Podisus maculiventris* (Say) (Heteroptera: Pentatomidae) were reported by Mahdian et al.
255 [17]. Facon et al. [5] reported that mating and reproduction decreased the cold tolerance of the
256 ladybird beetle, *H. axyridis*. The present findings seem to be consistent with other studies [16, 5,
257 21] finding that several factors, such as food type, mating, and reproduction, could greatly
258 influence the physiological status of the insects and might subsequently affect the cold hardiness.
259 Our results corroborate the findings of Maes et al. [16] who showed that the cold tolerance of the
260 predatory bug, *Macrolophus pygmaeus* Rambur (Hemiptera: Miridae), was affected by the diet.
261 The cold hardiness of those bugs feeding on an artificial diet, based on egg yolk, was less than
262 that of those feeding on the eggs of *E. kuehniella*. Mohammadzadeh and Izadi [21] indicated that
263 the quality of food might affect the SCPs and the cold hardiness of *Trogoderma granarium*
264 Everts (Coleoptera: Dermestidae). Santacruz et al. [26] found no significant difference between
265 the cold tolerance of two geographical populations of the predatory wasps *Trissolcus japonicus*,
266 and *T. cultratus* (Hym.: Scelionidae). However, between the two predators, different stages

267 (except for eggs) of *O. conglobata contaminata* were found to be more cold-tolerant than those
268 of *C. sexmaculata*.

269 According to Sinclair et al. [27], as for both diets, the rate of mortality of *C. sexmaculata* and
270 *O. conglobata contaminata* mostly increased above the SCP, these coccinellids were considered
271 as chill-intolerant insects. These findings were consistent with those obtained by Koch et al. [14]
272 who found the multicolored Asian ladybird beetle, *Harmonia axyridis* (Pallas) (Col.:
273 Coccinellidae), to be a freeze-intolerant insect. These findings further support the idea proposed
274 by Tian et al. [31] who indicated that freeze avoidance was the primary strategy used by the
275 Japanese pine sawyer, *Monochamus alternatus* (Col.: Cerambycidae). However, it is noteworthy
276 that the beetles were reared at 26 °C and long photoperiod. Under these conditions most insects,
277 even those that are very cold tolerant at other times, are likely to be chill-intolerant. If the
278 predators cold acclimated or collected from the natural overwintering sites the results could be
279 quite different.

280 Although the lowest SCP was recorded in the second instar larva and pupa of *C. sexmaculata*
281 feeding on both psyllids and flour moth eggs, the SCP of the beetle fed on flour moth eggs was
282 significantly lower than that of the beetle fed on psyllids. In contrast to *C. sexmaculata*, however,
283 no evidence was found indicating the significant effects of diet on the SCP of *O. conglobata*
284 *contaminata*. Few literatures are available concerning the effects of diets on SCPs of coccinellid
285 in various developmental stages. The mean SCPs of the pupae, larvae, and adults of *H. axyridis*
286 were reported to be -21.3, -14.2, and -11.9 °C, respectively [14]. However, it is notable that most
287 freeze avoiding insects cease feeding prior to winter cold exposure. So, that ingested food (that
288 often contains ice nucleators) is not present in the gut to induce lethal freezing. Since the beetles
289 in this study were not starved for a few days prior to testing, this leaves open the possibility that

290 the resulting SCPs were due to nucleators in the food ingested. The non-feeding pupae typically
291 had the lowest SCPs. Therefore, while the SCP results could be due to endogenous variations in
292 the beetles resulting from the diet, it is also possible that SCP differences could result from
293 exogenous ice nucleators in the food. Further qualitative and/or quantitative investigations on
294 enzymatic differences may exist between the various developmental stages or between the
295 species could uncover this ambiguity.

296 The mean LLT of the *C. sexmaculata* feeding on psyllids was $-3.4\text{ }^{\circ}\text{C}$, whereas the mean LLT
297 of the *O. conglobata contaminata* feeding on psyllids was $-7.4\text{ }^{\circ}\text{C}$. The mean LLT of the *C.*
298 *sexmaculata* feeding on the flour moth eggs was about $-5.3\text{ }^{\circ}\text{C}$, whereas the LLT of the *O.*
299 *conglobata contaminata* feeding on the flour moth eggs was about $-9.3\text{ }^{\circ}\text{C}$. However, it is
300 possible that some of the mortality in the LLT studies resulted from the freezing of the insects.
301 Although LLTs were higher than the SCPs, it should be remembered that supercooled water is in
302 a metastable state. As such, the time has an effect on the likelihood of freezing. While mean
303 SCPs measured with a cooling rate of $0.2\text{ }^{\circ}\text{C}/\text{min}$ might be $-15\text{ }^{\circ}\text{C}$ it is possible that an insect held in
304 a supercooled state at a higher temperature (-2 to $-7\text{ }^{\circ}\text{C}$ in these experiments) above its actual
305 freezing point (probably ~ -0.5 to $-0.8\text{ }^{\circ}\text{C}$) for 24 hours might freeze. The potential effects of ice
306 nucleators in the food ingested, as mentioned above, holds here as well. Another possibility that
307 could result in the freezing of an insect above its measured SCP, especially over a 24 hour
308 period, is that as the temperature in the chamber enclosing the insect is decreased water
309 condenses out onto the surface of the insect, then freezes and inoculates the insect across the
310 cuticle. While this is possible during the short time frame over which the usual SCP is measured,
311 it is more probable over a 24-hour period. Of course the higher the relative humidity is during the

312 measurements, the more likely the probability of inoculative freezing. However, this does not
313 affect the lethal effects of lower lethal temperatures.

314 In general, our data indicate that the flour moth eggs are the more suitable diet for the ladybird
315 beetles compared with the psyllid nymphs, and could subsequently be considered as a factitious
316 food for the larvae and adults of *C. sexmaculata* and *O. conglobata contaminata*. Several studies
317 introduced the eggs of *E. kuehniella* to be a factitious food for the larvae and adults of *Adalia*
318 *bipunctata* (Coleoptera: Coccinellidae) [4,10,12], *H. axyridis* (Pallas) (Coleoptera:
319 Coccinellidae) [2], nymphs and adults of *Nesidiocoris tenuis* (Reuter) *M. pygmaeus* Rambur
320 (Hemiptera: Miridae) [22], and the anthocorid predators *Orius thripoborus* (Hesse) and *Orius*
321 *naivashae* (Poppius) (Hemiptera: Anthocoridae) [3]. Mirhosseini et al. [19] found that the eggs
322 of *E. kuehniella* were more suitable for the development of the beetles than for the reproduction
323 of *C. sexmaculata* and *O. conglobata contaminata*.

324 In conclusion, the results of our study suggest that the eggs of the predators were the most
325 sensitive stage to cold, and adulthood was the most cold-resistant stage of *C. sexmaculata* and *O.*
326 *conglobata contaminata*. Both of the species were found to be chill-intolerant, and the eggs of
327 the *E. kuehniella* were proven to be suitable for the ladybird beetles. In a practical point of view,
328 mass-rearing is a fundamental stage in classical biological control and providing natural enemies
329 with a suitable diet is a prerequisite in mass-rearing programs. Therefore, with emphasis on our
330 results, eggs of *E. kuehniella* can be used as a reliable diet in mass-rearing of the predatory
331 beetles. Besides, our results provided a reliable cold tolerance strategy for rearing and
332 management of the predatory beetles.

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335

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- 439

440 **Fig 1**

441 Mean comparison of the supercooling point of different developmental stages of *C. sexmaculata* and *O.*
442 *conglobata contaminate* fed on *A. pistaciae* (Means in each column followed by similar letters are not
443 significantly different (Tukey's test, $P > 0.05$)

444 **Fig 2**

445 Mean comparison of the supercooling point of different developmental stages of *C. sexmaculata* and *O.*
446 *conglobata contaminate* fed on *E. kuehniella* (Means in each column followed by similar letters are not
447 significantly different (Tukey's test, $P > 0.05$)

448 **Fig 3**

449 Mean comparison of the supercooling point of different developmental stages of *C. sexmaculata* fed on
450 different diets (*A. pistaciae* and *E. kuehniella*) (Means in each column followed by similar letters are not
451 significantly different (Tukey's test, $P > 0.05$)

452 **Fig 4**

453 Mean comparison of the supercooling point of different developmental stages of *O. conglobata*
454 *contaminate* fed on different diets (*A. pistaciae* and *E. kuehniella*) (Means in each column followed by
455 similar letters are not significantly different (Tukey's test, $P > 0.05$)

456 **Fig 5**

457 Effect of diet on lethal temperatures of each life stage of *Cheilomenes sexmaculata*

458 For each diet lethal temperatures with different letter in a column are considered significantly different if
459 their 95% confidence interval (CI) did not overlap.

460

461 **Fig 6**

462 Effect of diet on lethal temperatures of each life stage of *O. conglobata contaminate*

463 For each diet lethal temperatures with different letter in a column are considered significantly different if
464 their 95% confidence interval (CI) did not overlap.

465

Table 1. Mean comparison of survival (%) of different developmental stages of *C. sexmaculata* fed on different diets under different temperatures

Developmental stages	Temperature	Diet	
		<i>A. pistaciae</i>	<i>E. kuehniella</i>
Egg	0 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
	-1 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
	-2 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
	-3 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
	-4 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
First instar	0 °C	45.0 ± 4.1 bc	40.0 ± 2.9 hi
	-1 °C	8.8 ± 2.4 g-k	28.7 ± 2.4 j-l
	-2 °C	7.5 ± 1.4 g-k	13.7 ± 2.4 m-o
	-3 °C	5.0 ± 0.0 i-k	0.0 ± 0.0 q
	-4 °C	0.0 ± 0.0 k	0.0 ± 0.0 q
Second instar	0 °C	40.0 ± 3.5 cd	31.2 ± 3.7 i-k
	-1 °C	33.7 ± 2.4 d	27.5 ± 2.5 j-l
	-2 °C	10.0 ± 2.0 g-j	18.7 ± 2.4 l-n
	-3 °C	0.0 ± 0.0 k	8.7 ± 1.2 n-q
	-4 °C	0.0 ± 0.0 k	3.7 ± 1.2 o-q
Third instar	0 °C	52.5 ± 4.3 b	61.2 ± 3.7 ef
	-1 °C	32.5 ± 1.4 de	28.7 ± 2.4 j-l
	-2 °C	16.2 ± 1.2 fg	22.5 ± 1.4 k-m
	-3 °C	0.0 ± 0.0 k	18.7 ± 1.2 l-n
	-4 °C	0.0 ± 0.0 k	11.2 ± 1.2 n-p
Fourth instar	0 °C	15.0 ± 2.0 f-h	72.5 ± 1.4 cd
	-1 °C	13.7 ± 2.4 g-i	53.7 ± 2.7 fg
	-2 °C	8.7 ± 1.2 g-k	43.7 ± 2.4 gh
	-3 °C	0.0 ± 0.0 k	25.0 ± 2.0 kl
	-4 °C	0.0 ± 0.0 k	11.2 ± 1.2 n-p
Pupa	0 °C	12.5 ± 2.5 g-i	67.5 ± 1.4 de
	-1 °C	1.2 ± 1.2 jk	36.2 ± 3.1 h-j
	-2 °C	1.2 ± 1.2 jk	18.7 ± 1.2 l-n
	-3 °C	0.0 ± 0.0 k	6.2 ± 1.2 o-q
	-4 °C	0.0 ± 0.0 k	2.5 ± 1.4 pq
Adult	0 °C	78.7 ± 2.4 a	100.0 ± 0.0 a
	-1 °C	71.2 ± 3.1 a	81.2 ± 2.4 bc
	-2 °C	23.7 ± 1.2 ef	83.7 ± 1.2 b
	-3 °C	12.5 ± 1.4 g-i	63.7 ± 2.4 d-f
	-4 °C	6.2 ± 1.2 h-k	13.7 ± 1.2 m-o

Means in each column not followed by the same letters are significantly different (Tukey's test, $P > 0.05$)

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Table 2. Mean comparison of survival (%) of different developmental stages of *O. conglobata contaminata* fed on different diets under different temperatures

Developmental stages	Temperature	Diet	
		<i>A. pistaciae</i>	<i>E. kuehniella</i>
Egg	0 °C	0.0 ± 0.0 i	0.0 ± 0.0 i
	-3 °C	0.0 ± 0.0 i	0.0 ± 0.0 i
	-5 °C	0.0 ± 0.0 i	0.0 ± 0.0 i
	-7 °C	0.0 ± 0.0 i	0.0 ± 0.0 i
First instar	0 °C	100.0 ± 0.0 a	100.0 ± 0.0 a
	-3 °C	48.7 ± 2.4 de	70.0 ± 4.1 c-e
	-5 °C	16.2 ± 3.7 g	42.5 ± 4.8 h
	-7 °C	0.0 ± 0.0 i	3.7 ± 2.4 i
Second instar	0 °C	100.0 ± 0.0 a	100.0 ± 0.0 a
	-3 °C	38.7 ± 3.7 ef	58.7 ± 3.1 e-g
	-5 °C	15.0 ± 3.5 gh	35.0 ± 2.0 h
	-7 °C	0.0 ± 0.0 i	0.0 ± 0.0 i
Third instar	0 °C	100.0 ± 0.0 a	100.0 ± 0.0 a
	-3 °C	46.2 ± 3.7 de	67.5 ± 1.4 d-f
	-5 °C	16.2 ± 3.1 g	35.0 ± 3.5 h
	-7 °C	0.0 ± 0.0 i	2.5 ± 1.4 i
Fourth instar	0 °C	100.0 ± 0.0 a	100.0 ± 0.0 a
	-3 °C	43.7 ± 3.1 de	60.0 ± 2.9 e-g
	-5 °C	13.7 ± 2.4 gh	47.5 ± 4.3 gh
	-7 °C	0.0 ± 0.0 i	6.2 ± 2.4 i
Pupa	0 °C	87.5 ± 2.5 b	100.0 ± 0.0 a
	-3 °C	53.7 ± 3.7 d	82.5 ± 4.3 bc
	-5 °C	3.7 ± 2.4 hi	56.2 ± 2.4 fg
	-7 °C	0.0 ± 0.0 i	11.2 ± 3.7 i
Adult	0 °C	100.0 ± 0.0 a	100.0 ± 0.0 a
	-3 °C	98.7 ± 1.2 ab	88.7 ± 2.4 ab
	-5 °C	68.7 ± 5.1 c	80.0 ± 2.0 b-d
	-7 °C	28.7 ± 2.4 f	42.5 ± 4.3 h

Means in each column not followed by the same letters are significantly different (Tukey's test, $P > 0.05$)

